

## **School Active Transportation Charter**

Walking, cycling, mobility devices, and many other forms of human-powered transportation, are currently used by thousands of students to get to school every day. These students, and their families, experience the benefits of using active modes of transportation in their mental and physical health and well-being, are better prepared to learn, and feel more connected to their communities.

As educators, and service-providers, it is within our power and responsibility to provide programs that support and promote safe, active and sustainable transportation for students today and for years to come. This charter reflects the principles of Ontario's Foundation for a Healthy School.

### **Physical and Mental Well-Being**

Daily exercise leads to a healthier body and mind, and a life-long commitment to taking care of oneself.

### **Safety and Accessibility**

Using a proactive approach to identify and address active transportation barriers and hazards with school and other community partners promotes safety for all travelers.

### **Enhanced Learning**

Physical activity, particularly before school, enhances the student's ability and desire to learn.

### **Leadership**

From School Board representative to student, every individual in the school and the community has the opportunity to "lead by example", and encourage others to participate in active transportation.

### **Community Cohesion and Appreciation**

Walking together, and appreciating the outdoors together, promotes community cohesion and greater care for the environment in which we live.

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**EXCERPT FROM:**

**Board Meeting  
24 June 2013**

135. b. iii. 3. Confirmation of the Trustee Representative to the School Active Transport Network Steering Committee

**Moved by Trustee Blackburn seconded by Trustee Funicello,  
THAT the appointment of Trustee Kavanagh to the School  
Active Transportation Support Network steering committee be  
confirmed.**

**- Carried, by consent –**