

Mental Health & Well-Being Strategy and PPM 169

On July 28, 2023, the Ministry released [Policy/Program Memorandum 169](#) related to Student Mental Health. The purpose of the memorandum was to outline requirements for school boards and school authorities to provide culturally responsive, evidence-informed student mental health promotion, prevention and early intervention services that respect students as complex individuals and provide appropriate supports for their diverse needs (Ministry of Education, 2023). This Strategy clearly aligns with the commitments found in the PPM.

PPM 169	Belonging	Building	Bridging
Three-year mental health and addictions strategy and one-year action plan	X	X	X
Joint local planning with community-based child and youth mental health providers		X	X
Multi-tiered system of supports	X	X	X
Consistent use of evidence informed brief interventions and standardized measurement		X	X
Suicide prevention, intervention and postvention protocols		X	X
Virtual care delivery	X	X	X
Enhanced educator and staff mental health literacy	X		
Mandatory mental	X	X	

health literacy for students			
Family mental health awareness and literacy	X		
Social-emotional learning	X	X	
Mental health absences			X