





SEPTEMBER 2020

OTTAWA-CARLETON EDUCATION NETWORK

ASSESSMENT AND ORIENTATION AUGUST 24 - AUGUST 28, 2020





MONDAY AUGUST 24TH

9:00 AM - 1:00 PM

STUDENT ASSESSMENTS

1:00 PM -2:00 PM

OCENET ORIENTATION: PART ONE: INTRODUCTION TO OTTAWA

Presenters: Geoff Best (OCENET Director) & Vicente Conte (OCENET Admin)

In this first part of the mandatory orientation, you will learn important information about Ottawa that will make adjusting to our great city easier and less stressful.

3:00 PM -3:30 PM

GETTING AROUND OTTAWA

Presenters: Sean Oussoren (International Education Coordinator) & Students from the International Certificate Program

Are you excited about exploring your new home city on foot, by bike, or on public transport? Would you like to know more about how other students get around Ottawa? Then don't miss this session hosted by OCDSB students and international education coordinator, Mr. Oussoren.

7:00 PM -8:00 PM

GAMES NIGHT!!!!!!

Presenter: Kari Hanes, OISP Admissions Manager

The three planned evenings will be a fun way to review the day's previous sessions! Ottawa International Student Program Manager, Ms. Hanes will be hosting a great way to discover Ottawa and learn more about Canada through games.



TUESDAY AUGUST 25TH

9:00 AM - 1:00 PM

STUDENT ASSESSMENTS

1:00 PM -2:00 PM

GUEST SPEAKER SERIES: SCHOOL GUIDANCE COUNSELLORS' PRESENTATION

Presenters: Marianne Dawson-Alexander (Ridgemont High School), Carolyn Turner (Gloucester High School), & Jenepher Harris (Bell High School)

In this presentation, experienced OCDSB guidance counselors talk about what they do and how your school's Students Services office is there to help you. The presenters will also talk about common challenges faced by international students and give advice on how to solve them. Finally, the presenters will give advice on how to have the best experience possible as an OCDSB student.

There will be a brief Q & A session following this presentation.

3:00 PM -4:00 PM

GUEST SPEAKER SERIES: CANADA HOMESTAY NETWORK

Presenters: Meaghan Bailey & Kaitlyn Poisson (Canada Homestay Network)

Moving in with a new family in a new country can be both exciting and scary. Ms. Bailey and Ms. Poisson of CHN will talk about how to have a great relationship with your host family. They will also discuss how CHN supports students in its program.

There will be a brief Q & A session following this presentation.



WEDNESDAY AUGUST 26

9:00 AM - 1:00 PM

1:00 PM -2:00 PM

STUDENT ASSESSMENTS

OCENET ORIENTATION: PART TWO: SCHOOL ORIENTATION

Presenters: Geoff Best (OCENET Director) & Vicente Conte (OCENET Admin)

In this second part of the mandatory orientation, you will learn important details about our schools and what they have to offer international students that will better prepare you to succeed in your new learning environment.

3:00 PM -3:30 PM

GUEST SPEAKER SERIES: OTTAWA TOURISM: WHAT TO DO IN OTTAWA

Presenter: Jantine Van Kregten (Ottawa Tourism)

Do you want to know what activities you can do as someone new to Ottawa? Then this is a session you need to attend! Ms. Van Kregten of Ottawa Tourism will talk about all of the great attractions and activities Ottawa has to offer. This presentation will also include tips for enjoying Ottawa safely to avoid the spread of COVID-19. Learn how fun Ottawa can be!

There will be a brief Q & A session following this presentation.

7:00 PM -8:00 PM

GAMES NIGHT!!!!!!

Presenter: Kari Hanes, OISP Admissions Manager

The three planned evenings will be a fun way to review the day's previous sessions! Ottawa International Student Program Manager, Ms. Hanes will be hosting a great way to discover Ottawa and learn more about Canada through games.



THURSDAY AUGUST 27

9:00 AM - 1:00 PM

STUDENT ASSESSMENTS

1:00 PM -2:00 PM

OCENET ORIENTATION: PART THREE: LIVING IN OTTAWA

Presenters: Geoff Best (OCENET Director) & Vicente Conte (OCENET Admin)

In the final part of the mandatory orientation, you will learn important tips on how to make the most of your life as a member of the Ottawa community.

3:00 PM -3:30 PM

INTERNATIONAL STUDENT MENTOR SESSION: TIPS FROM RETURNING STUDENTS

Presenters: Kari Hanes (OISP Admissions Manager) & Panel of Returning International Students

Hear from experienced international students on how to to live a happy life in Ottawa. Ms. Hanes leads a group discussion with returning international students on the following topics:

- Making friends
- Facing difficulties
- Succeeding as an international student

This is a great opportunity to learn from your more experienced peers.



FRIDAY AUGUST 28

9:00 AM - 1:00 PM 1:00 PM -2:00 PM

STUDENT ASSESSMENTS GUEST SPEAKER SERIES: INGLE INSURANCE: HOW YOU'RE PROTECTED IN OTTAWA

Presenters: Tallulah Learn & Heidi Gill (Ingle Insurance)

Join StudyInsured, your health insurance provider, for a discussion about the resources available to you when the unexpected happens. Topics include:

- Mental wellness phone support via
- Aspiria Virtual health care
- 24-hour emergency assistance and
- The MSH Navigator app

There will be a brief Q & A session following this presentation.

3:00 PM -3:30 PM

INTRODUCTION TO THE INTERNATIONAL CERTIFICATE PROGRAM

Presenter: Sean Oussoren (ICP Coordinator)

Are you interested in learning more about other people and cultures around the world? Do you want to earn an extra certificate in addition to your Ontario Secondary School Diploma? Then please attend the session on the OCDSB's International Certificate Program hosted by OCDSB students and international education coordinator, Mr. Oussoren. As international students studying and living in Canada, meeting the requirements is actually a lot easier.

7:00 PM -8:00 PM

GAMES NIGHT!!!!!

Presenter: Karen Hanes, OISP Admissions Manager

Join us for our final games night!